

## GUIDE/PATHFINDER MALL SLEEPOVER

October 16/17, 2010

### **KIT LIST:**

#### Clothing:

- ⇒ Please wear uniform/guiding shirt for Saturday, comfortable pants
- ⇒ Change of clothes for Sunday (shirt, pants, underwear, socks)
- ⇒ Pajamas, (slippers, optional)
- ⇒ Indoor runners for use at the mall
- ⇒ Warm jacket, hat/headband, mitts/gloves
- ⇒ Rain jacket/cape

#### Toiletries:

- ⇒ Toothbrush, toothpaste, (tooth-brushing cup, optional)
- ⇒ Face cloth, hand towel, soap
- ⇒ Comb, brush, elastics, etc. for hair
- ⇒ Deodorant
- ⇒ Sanitary supplies for those who require them

#### Swimming:

- ⇒ Bathing suit (must be proper swimwear, **NO** t-shirts, cut-offs, street clothes, underwear allowed in the pool)
- ⇒ Towel
- ⇒ Shampoo if you wish to wash your hair after swimming

#### Dishes:

- ⇒ Plate, bowl, spoon, cutlery, cup/mug, glass
- ⇒ All unbreakable marked with your name
- ⇒ Water bottle filled with water to be kept with you at all times.

#### Bedding:

- ⇒ Pillow
  - ⇒ Sleeping bag, extra blanket
  - ⇒ Sleeping pad/single air mattress
- (You will be sleeping in tents inside the mall if, you choose this option and the floor is hard. It does not get very dark, so a sleeping mask is an option.)

#### Note:

- ◆ We are not responsible for lost or damaged items; so bring only what you will need and put your name on your personal belongings.
- ◆ During swimming we have the pool to ourselves. If you wish to lock up your belongings, you will need a quarter to get a token to lock it up.
- ◆ Some Saturday afternoon activities will take place outside, so be sure to dress appropriately for the weather.
- ◆ If there is something not on the list and you require it, please bring it.
- ◆ Please be sensitive to the fact that strong scents/perfumes may cause allergy reactions; try to use unscented products where possible.

**MENU:**

Saturday October 16

Afternoon Snack	Rice krispy cake, puffed wheat cake, dainties Fruit, dip Juice boxes
Supper	Pizza – cheese, pepperoni, ham & pineapple, pepperoni & mushroom Veggies, dip Chips Juice
Evening Snack	Muffins Fruit Cheese, crackers, sausage Juice, iced tea

Sunday October 17

Breakfast	Pancakes, syrup Sausage Yogurt Juice, milk Any leftovers
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Note:

- ◆ There will be coffee, tea, hot chocolate and water available as well. Please see the camp cooks for these items.
- ◆ There are no other menu options, unless the sleepover committee is made aware of special dietary needs. If there is something you can't have, please let us know and we can plan an alternative option for you.
- ◆ You will need your plate and glass/cup for the Saturday afternoon snack and supper.