

LAGIMODIERE LINKS



October 2011

What's happening in Lagimodiere Area Is it the best kept secret in the province?

From the Area Commissioner



Welcome back to another exciting guiding year. On-line registration presented some challenges but our numbers are increasing daily so hopefully we will match or beat last years numbers by the time census is taken. Make sure you let your DC (District Commissioner) know about any problems parents encountered during their registration process so we can continue to make any improvements necessary for next year's registration.

Don't forget to submit your ideas for a new Area crest. We have asked each District to submit at least one design by the November Area Council meeting. It can be designed by girls or adults so let your creative juices flow.

Congratulations to the girls from St. Boniface and Seven Oaks Districts who won the tickets for the October 22, 2011 Blue Bombers football game.

This year we will be collecting the Caddy Levy separately as we can no longer collect it with our registration

fees as we have done in the past. Although the registration fee is nearly the same as last year it has actually been increased by \$15 for the National portion, with the levy removed.

This year the girl event will be for girls at the Sparks level. Watch for further information as the plans are developed. The Area event is always lots of fun and well worth attending.

The date for the Area Annual Meeting and Awards Dinner has already been set for next May 2, 2012 so mark the date on your calendar. Northeast District will be hosting this year and the Norvilla Hotel has been booked. Start writing those letters to nominate your fellow Guiders for the awards you know they deserve. Anyone can nominate someone for an award, not just the DC or Contact Guider.

Most units have already started but don't forget to keep checking your on-line rosters for late registrations. Girls can join anytime and we don't want them to miss out on any of the fun activities you have planned.

*Nancy Bollenback,
Lagimodiere Area Commissioner*



Many thanks to our photographers in this edition:

Pat, Dana, Lynn, and Marisa

Did You Know?

That Lagimodiere Area has items to borrow or rent? They are:

- tents
- powerpoint projector
- compasses
- flip charts
- display boards and materials
- overhead projector
- TV/VCR
- carnival games.
- sandwich boards
- large first aid kit
- weaving looms
- resource library specific to Girl Guides/Guides du Canada

Call Peggy at the office for more information.

IN THIS *Issue*

- | | |
|--------|-------------------------|
| 1 | Letter from Nancy |
| 2 - 3 | Our Churchill Adventure |
| 4 | Music Camp |
| 5 - 7 | Our Caddy Adventure |
| 8 - 10 | Info for new Guiders |

Girl Guides of Canada - Guides du Canada
Lagimodiere Area
5-1549 St. Mary's Road
Winnipeg, MB R2M 5G9
253-3937

Our Churchill Adventure!

submitted by Dana Reuther, Guider, 137th Guides, 66th Pathfinders, 101 Brownies, Rosswood Valley District



"I really want to try to do a trip to Churchill"! Instead of saying it in my head, I actually said it out loud this time, in a tent at a Girl Guide camp and the person in the air mattress beside me popped up and said, let's do it! That was the start of our adventure!

Within the first 15 minutes of our parents/girls info night – we were all hooked. 18 of us travelled (10 Guides, four young adult leaders, four experienced leaders). We also had the pleasure of two lovely grandmothers "Grandma Owl & Granny Julie" who travelled with us but stayed in town. The girls came from three different Guide units and were all very involved in our planning, budgeting and fundraising. We worked very hard all year, selling over 100 cases of cookies

and other fundraisers to help make this dream attainable for all who were interested. We were very thankful for the financial support we received from our Area and District.

Our seven day adventure took us by bus to Thompson and by train to Churchill. Both modes of transportation turned out to be so much fun! We were lucky to meet some great people along the way; bus drivers, conductors, museum workers, lifeguards, Hydro workers, tour guides, Louise – our Churchill Girl Guide contact, boat drivers, Tundra Buggy operators, shop owners, bear guards and others. Each of these people helped us along the way, some going out of their way to make this trip memorable!

Bears you ask? We saw two polar bears within our first few hours in Churchill. Wow! What a beautiful sight. All their beauty and mystery we had studied was right there in front of us, how lucky were we. We ended up seeing four bears in total! We were thankful to have the protection of our bear guards as we ventured off onto the tundra.

A Whale of a Time! I know it's probably not proper to say but OMG! We saw hundreds of whales. Their stark white bodies, against the

blue waters of the Hudson Bay, would draw in anyone to amazement. They were beautiful. We learned over the next few days with our kayaking and boat tours how gentle and curious the belugas are. They sang to us, they kissed our kayaks, they tried to steal the microphone under our boat, they did somersaults, sprayed us and so much more. We realized after hundreds of pictures that whales don't stop to smile at the camera. So we put them down and enjoyed our experience. These were memories that will be carved into our memory banks forever!

We had jam packed days, we knew we had to do as much as we could since we don't know if we will have the chance to get back. Some of the

LAGIMODIERE LINKS

things we did were; hikes in two very different terrains, Eskimo and Heritage museums, Tundra Buggy, shopping, town tour, pizza night at Girl Guide Hall, movie night at Town Rec Center, meal prep early in the morning or late at night, indoor campfires at Camp Nanuq, showers at the rec hall, tour of Northern Studies Center, dinner/lunch at local restaurants, swimming, Whale Boat Tour, painted our Spirit Rocks, visited and learned about the Fort, stood guard on potty patrol for those polar bears, watched for the Northern Lights, had lots of laughs and an incredible amount of learning and growing by all!

We have numerous stories to tell and pictures to share. If any unit is interested in having us come out to share our experiences, please let us know.

In the spirit of Guiding we all shared and were friends, we all lent a hand when needed and we were all prepared for the adventure of a lifetime! Watch for us again – this won't be our last adventure!



Photos:

Top left: Camp Nanuq - camp jointly owned by Scouts Canada and Girl Guides

Top right: Train ride

Middle right: Ready for our kayaking adventure

Bottom right: Posing outside the Tundra Buggy for our look around

Ever Been to Caddy?

No!

Well, Here's Some of Fun You Missed!

by Annah Rempel, 219th Guides, Northeast District

We had lots of fun at camp. We did all sorts of stuff like swimming but best of all **music!** I met new girls and we had tons of fun together. For the first two days we focused on our challenges. Every challenge we completed, we earned a prize. One of our challenges was to complete a Bingo card on things we saw in the campground.

We painted African things on T-shirts that we brought with us from home. My T-shirt was two different shades of brown. I turned it into an African fruity spectacular! We didn't have much rain, but it did rain for like 30 seconds while we were making our T-shirts more colourful. We were allowed to go and dance in the rain, but it didn't last that long because one of the leaders told us to go inside :(

We had a talent show. We rehearsed for the fourth challenge: making a puppet show. It was about a girl who didn't know what her inner-beauty was. Lady Gaga, taught her what her inner-beauty was. At the end of the week, we made gadgets out of sticks and deadfall from the campground. My group made a sign. It was awesome because we got to post all of our tent rules on the sign.

All in all, we had an awesome week and I would recommend Caddy to all girls, not just Girl Guides because it is a great experience and something you will never forget!



Music Camp participants



Performing what we learned at Music Camp

A Wonderful Week to Renew my Acquaintance with Caddy...

by Lynn Nolden, 1st Clandeboye Guides, Interlake District



Checking out photos in our tent

I was trying to find a way to describe the week that 16 of our Guides spent at Caddy Lake Girl Guide Camp last August. I asked my daughter, and she told me that she didn't have any one thing that she loved, because it was **all** great, even (much to my shock) the food. I loved renewing my connection to nature in the rugged Whiteshell Provincial Park, and spending time with my daughter and "my other girls" making memories. I loved taking pictures all week, and I even got to go kayaking for the first time!

I asked one of my fellow Guiders what she liked best about Caddy – and I wish I could have said it as well. Marcia said: "Caddy Lake was beautiful, it was roughing it, it was cooking and camping outdoors, on the side of a hill. Caddy Lake

was learning to canoe, kayak, and to shoot a bow and arrow. Caddy Lake was playing games like Two Truths and a Lie, Look up Look down - Scream, Drip Drip Drop, then soaking your friends with water. Caddy Lake was hiking and crafting. Caddy Lake was learning to finger weave, and making it long enough so you could give 1/2 to a friend - a true Friendship Bracelet. Caddy Lake was helping prepare veggies for supper, setting, serving and clearing the table. Caddy Lake was the whole camp doing a fire drill going out in the bay in canoes and singing at the top of our lungs! Caddy Lake was camp fires and singing, learning new songs and story telling, learning the tales of Tajar. Caddy Lake was meeting new friends, and getting to know old friends better."

The first week of August saw the arrival of 16 members of the 1st Clandeboye Girl Guides at Caddy Lake Girl Guide Camp. Caddy has been around for years – as a teen I was a camp councillor and have many fond memories of my time there. I haven't lived in Winnipeg for quite a few years now, and I admit, that Caddy Lake kind of fell off my radar.

I am a Guider in the small village of Clandeboye, just north of Selkirk. At one time, the Clandeboye/Petersfield group was known for taking a trip to Churchill every 3rd year. We now have all new Guiders, and felt that with the current price of travel there is no way that we would ever be able to follow in the footsteps of our predecessors and make that happen. We kept doing some of the fundraisers – washing dishes for curling windups or for the Fireman's Ball, or putting on a pancake breakfast for Sports Day. We needed to decide on a trip that we could all enjoy. Once we looked into Caddy – it was a perfect fit. We were able to give each of the girls some money off their registration, and 16 out of our 21 girls decided to take advantage of that. We also had three of our Guiders go – it would have been four if Lona hadn't had an "unfortunate incident" with a ladder three days before we left.

Every day started with a wake up bell. The girls quickly visited the "Jinx" (bathrooms and showers) that could accommodate most of the girls with not much of a line up. Going down to the main lodge, everyone formed a horseshoe at the parade

LAGIMODIERE LINKS

October 2011 Page 6



Flag raising



Campfire on the Point

square and each group took turns with the flag raising ceremony. They got to see and participate in a much more formal and proper horseshoe than what I have done with my unit. Christine, the Camp Director would talk to the entire group from the steps in front of the lodge, giving us some of the news for the day, and then the competition was on – the straightest line got to go in first for breakfast. We sang grace before each meal, and we got to learn some new ones as well as teach some new ones. In fact, we learned

a lot of new songs that they are still singing and will continue to sing at our next camp and campfires.

We were supposed to cook at least five meals outside, so that the girls could earn their outdoor cooking badge. Nature didn't cooperate, and with Manitoba being so horribly hot and dry, we were not allowed to have any fires because of the high forest fire risk. We did as much as we could outside – with the open fires being replaced by propane stoves and buddy burners.

I was completely surprised by how much time the campers were able to spend in the water. And not just playtime – although there was lots of that – they learned some great canoeing, kayaking, boating and safety skills. They learned proper paddling strokes and communication, switching places safely, what to do if you fall out or swamp your canoe. By the end of the week, they had canoeing skills and a level of comfort in a canoe that most adults don't have. The girls all worked hard and earned their Boat Safety and Canoe Safety Badge.

Camp Director Christine ran a tight ship with the other core staff. All staff went out of their way to make sure we had a good week. In fact their patience, perseverance, and good humour really carried us through a week that included repeated plumbing problems, staffing problems, a bear, a trip to the hospital for stitches, and sick children throwing up in the middle of the night. The staff worked together through some difficult situations to create an incredible and memorable camp experience.

The cooperation and friendship and true "sisterhood of Guiding" that I found at Caddy Lake made me wonder why I left it so long before going back. Spending time with my daughter and "my girls", watching them stretch their wings, learning new skills, and making new discoveries and friendships is something we might have to repeat.

And I think I'm the **only** one that didn't learn finger weaving...we'll **have** to go back...

LAGIMODIERE LINKS



Practicing our strokes before going canoeing



Getting ready to launch our canoes



Off we go in our canoes



Kayaking next!



Open fires were banned so we cooked using Buddy Burners



Enjoying the beach!

Are You a New Guider or One in Need of a Refresher?

Here's some information you might find interesting and perhaps raise a question or two.

Lagimodiere Area consists of six districts:

- **Interlake** - Communities of Stonewall, Teulon, Selkirk, Clondeboye, Winnipeg Beach, and Gimli
- **Northeast** - North Kildonan, (north of McLeod) and East St. Paul
- **Rosswood Valley** - Rossmere, Valley Gardens, East Kildonan, and Harbour View South
- **St. Boniface** - Old St. Boniface, Norwood, Windsor Park, Southdale, Sagewood, Southland Park, Island Lakes, and Royal Wood
- **Seven Oaks** - Willam Whyte, St. John's, North End, West St. Paul, and St. Andrews (basically west border of McPhillips, and the east border of the Red River
- **Transcona** - anything designated by the City of Winnipeg to be Transcona

Interlake is our newest District and comes to us upon redistribution of area boundaries last year. Each Winnipeg area has a rural area that is now part of them.



The areas of Winnipeg are United Way Agencies.

Each District has a District Commissioner who is your spokesperson on the Area Council. If you have any questions or concerns your District Commissioner is the person to talk to. If you don't have a District Commissioner, then the Area Commissioner or her Deputy is your contact.

It is important to attend your District Council meetings because that is where you will find out what is happening within the Area and, the rest of your District and province and this is the place to share ideas and form a bond with other Guiders in your District.

Lagimodiere Area

At one time Winnipeg was one area within the province. In June 1988, Winnipeg Area was divided into four new areas so that there was more representation for Winnipeg on the Manitoba Council.

Now there are only three areas. Lagimodiere Area has an office that is located at 5-1549 St. Mary's Road in St. Vital very close to St. Vital Shopping Centre. The office is tucked around the behind 1549 St. Mary's Road at the end of the parking lot. The phone number there is 253-3937.

Peggy is our office support staff person and she works there Monday to Friday from 9:00 am to 12:00 pm and then again from 1:00 pm to 4:30 pm. Peggy is always willing to answer any questions that she is able or to put you on to the person you might need to speak to. She can often tell you where on either the provincial, or national, website to find information or forms you might need.

Our office is filled with resource materials that any Guider has access to - whether it be song books, resource materials or even a photocopier to make copies for your unit. Each unit can make 200 free copies per year. After the first 200, it is 5 cents per copy, 15 cents for any colour copies

at all times. All black and white Girl Guides of Canada forms are free over the 200 copies.

The office is closed over Christmas and Spring break and for a month in the summer.

Fundraising

There are national guidelines that all members of Girl Guides of Canada/Guides du Canada must adhere to. To get the full policy please go to the provincial or national website and look under Safe Guide in Member Zone or see the Manitoba Council site at [http://www.girlguides.mb.ca/Downloads/Resources/FundraisingGuidelines\(Dec2009\).pdf](http://www.girlguides.mb.ca/Downloads/Resources/FundraisingGuidelines(Dec2009).pdf)

As an overview, all members of Girl Guides are expected to support our national fundraising which is Girl Guide cookies. We have two campaigns a year - one in the fall (Mint Cookies) and one in the spring (Classic Cookies).



This is your largest fundraiser for your unit. Cookie profits can be used for a variety of items within your unit - for example purchase of badges, help to subsidize a camp or special event, or purchase of craft supplies.

Each girl within Guiding is expected to sell two plus cases for each campaign.

LAGIMODIERE LINKS

The money raised supports the province, the area, the district and especially your unit.

Here is the breakdown of the profits:

Unit	\$10.00
Dare (manufacturer)	\$18.75
Province	\$12.20
Area	\$ 5.80
District	\$ 1.25
Total price per case	\$48.00
Selling price \$4 per box	

As stated above, everyone is expected to support our cookie sales. However, if you want to go on a special trip or don't earn enough with cookies sales (although you can always order more to earn more!), you can do another fundraiser.

All requests for extra fundraising must be approved by your District council. There is a form which must be filled in prior to asking permission. On that form you must explain what the funds will be used for, what is the expected profit compared to the cost of an item and when the money will be used.

Fundraising cannot be done just for the sake of fundraising - it must have a purpose. Units are not expected to have hundreds of dollars in their unit funds that are not for a designated use. It is expected that the girls who earn the money, will have the money spent on their behalf not for others in the future.

Caddy Lake Girl Guide Camp

The girls and guiders in the three areas of Winnipeg are the proud owners of a camp called Caddy Lake Girl Guide Camp. The camp is located



in the Whiteshell and is open each summer for sessions from Brownie age

and up. In the fall, winter and spring individual units can rent all or part of the campsite.

The camp has been in existence for over 60 years and is a proud tradition of the Girl Guides of the Winnipeg areas, although any girl, in Guiding or not, can attend the camp.

Girls live in tents (or Tajar's - a bunk house that can be used in the winter) and have a hand picked staff, in the spring and summer, most of which have a Guiding background.

As you read in the stories on other pages - from both a girl and a guider point-of-view Caddy has a lot to offer everyone.

Our annual tea is no longer being held so each girl member in Winnipeg pays a fee of \$15.00 which supports the camp.

Girls in the Winnipeg areas pay lower fees to attend camp than those outside as well as non members.

Each spring the camp asks for volunteers to set up the camp for the camping season and that weekend, on Visitors's day, anyone can visit and have a tour of this beautiful site.

First Aid

If you take a first aid course that will benefit the girls in your unit, Lagimodiere Area will reimburse you 25% of the course fee. A receipt and proof of completions needs to be given to your District Commissioner who will pass it along to the Area for reimbursement.

Area Event

Each year the Area sponsors an event for a level in Girl Guides. This year the event will be for Sparks. Your District Commissioner will have information in the upcoming months. The event is usually held in the spring so keep tuned for further information



Lagimodiere Area Annual Meeting and Awards Dinner



Each year a District/Trefoil Guild takes a turn organizing our Annual Meeting and Awards Dinner. Northeast District is planning the evening for May 2, 2012, and they will be hosting us at the

Norvilla on Henderson Highway. We come together as an Area to celebrate the accomplishments of our Guiders. All Guiders are invited and this is a great way to meet other Guiders in the Area. We encourage all Guiders to attend - Unit meetings are cancelled so all can attend.

Museum Sleepover

Each year, usually in February, the Area sponsors a sleepover at the Manitoba Museum. Girls and their Guiders bring their sleeping bags, are given a tour of the Museum (in the dark and with flashlights!), and choose their place to sleep and enjoy an evening together. In the morning a light breakfast is served and then everyone goes home before the Museum opens to the public. This can be a good introduction to overnight camp and it is always extremely popular so sign up as soon as you get the information at your District Meeting.



Lady Baden Powell Awards

Each year the Area hosts an evening for Guides and their parents for girls who have earned the Lady BP award.

This event is usually held in May/June. When the date is announced by the Area, be sure get the names of your girls who have earned the award so that they can be invited to this special evening held in their honour.

The Lagimodiere Links

This is the name of our Area newsletter. It is published three or four times a year.

The Links editor is always looking for interesting content to share with the rest of the Area. If you've held a special event, done a badge in a unique way or went on an outing, the rest of the Area would like to hear

about it, especially if the article comes with pictures.

This is another way that we can share ideas with each other.

Incidents

If an injury or incident happens at any Guiding event or meeting with a child or a parent, the District Commissioner must be informed immediately. If your first call is for an ambulance or a trip to the hospital, the second call must be to your District Commissioner.

If you cannot get a hold of your District Commissioner, call the Area or Deputy Area Commissioner. The District Commissioner must inform the Area/Deputy Area Commissioner of any injuries or incidents.

Feeling Overwhelmed or in Over Your Head?

We know that new Guiders (and more experienced ones too) sometimes feel very alone. We have experienced resource people in our Area. Please take advantage of this help.

Never feel afraid to call another Guider to ask for her opinion or help.

Remember your District Commissioner is there to help you with meeting planning or just a person to bounce your ideas off of.

When you attend your District meetings you will hear what's new, what's in the works and when, what everyone else is doing and you can come away with some great ideas that will help you in your Unit.

Area Council

Area Commissioner Nancy Bollenback
Deputy Area Commissioner Sharon Romanow
Council Secretary Peggy McPhee
Treasurer Vacant

District Commissioners

Interlake..... Lynn Nolden and Alana Place
Northeast Melanie Spulnick and Pat van Rysselt
Rosswood Valley Colleen Armstrong and Laura Wiebe
St. Boniface Kim Walker
Seven Oaks Kathy Wallmuth
Transcona Allisa Wong

Advisers

Program Sharon Romanow
Product Marketing Dianne Cechvala
International Loretta Reutner
Publications/Links Editor Marjorie Doyle
Membership/Public Relations Vacant
Training Vacant
iMIS Loretta Reutner

Trefoil Guild

Crocus Virginia Greening, President

Staff

Secretary Peggy McPhee
Bookkeeper Shelley Johnson

Yearly Youth Event Co-ordinator Grace Garneau

LAGIMODIERE LINKS



Girl Guides of Canada
Guides du Canada

Lagimodiere Area Office

T (204) 253.3937
F (204) 255.4388
W girlguides.mb.ca

5-1549 St. Mary's Rd
Winnipeg, MB
R2M 5G9

For 62 years the Girl Guides of Winnipeg areas have owned and operated the Caddy Lake Girl Guide Camp running weekly summer sessions and weekend rentals. Around 1988 a \$5.00 levy was added to our registration fee to help cover the costs involved with owning the camp. This levy was increased to \$7.00 around 1996. The levy has not been increased since then.

During this time the Areas also held a yearly tea and each member was asked to pay for two tickets which could be used by family members or sold to others who wished to attend the tea. Around 1995 these tickets also became part of the initial registration fee the girls paid each year as it was sometimes difficult to collect the money for tea tickets in a timely manner. The girls also made crafts or did baking in their units to be sold at the tea and parents were asked to donate baking or silent auction items.

As we are no longer holding the tea, last year we asked each District to fundraise an amount equal to \$5/member to pay the \$5,000 Lagimodiere Area was responsible for contributing to the upkeep of the Caddy Lake Girl Guide Camp. This is approximately one third of what was raised by the tea each year and there are three governing areas responsible for the camp. Each area was asked to raise \$5,000 to support the camp.

This year there was an increase in the portion of the registration fee that goes to the National Council of Girl Guides of Canada. In an effort to standardize the fee charged throughout Manitoba, the levy is no longer being included with your initial registration fee and the camp levy is being collected separately.

The levy has been set at \$15, only \$4 more than everyone has been paying towards the camp for more than 20 years and we will not have to ask for the extra District or unit fundraising to support our camp.

The Caddy Lake Girl Guide Camp Committee is working hard towards making the camp self sufficient through increased use by members and by applying for grants that can help with improvements to the facilities to keep the costs to girls low. This camp provides a beautiful environment for camping where our members can learn to canoe, kayak, archery, hike, and mountain bike. These are some of the many activities not available at local parks.

If you have any questions about this beautiful camp owned by our Guiding members, please ask your daughter's Guider or her District Commissioner. Someone from the Caddy Lake Girl Guide Camp Committee or the Area Council would also be more than willing to talk to you.

Yours in Guiding,
Nancy Bollenback,
Lagimodiere Area Commissioner