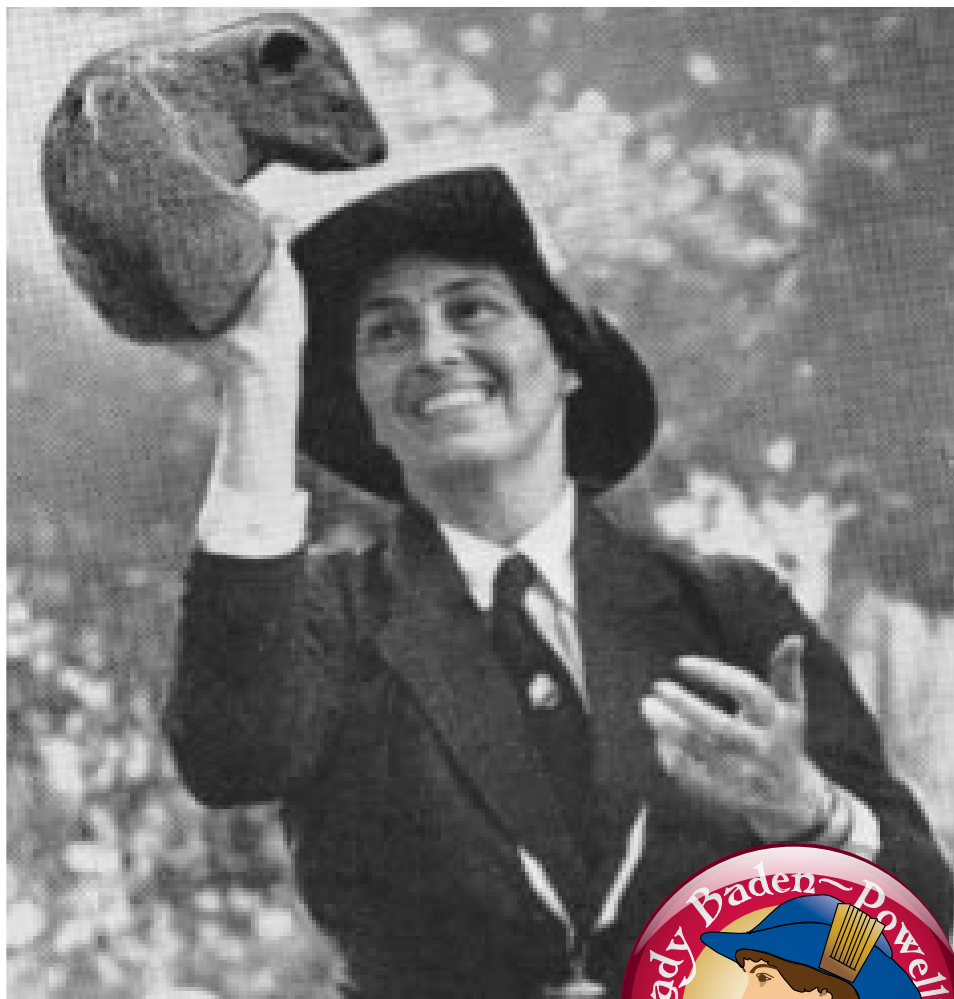


Lady Baden-Powell

CHALLENGE



Girl Guides
of Canada
Guides
du Canada

Lady Baden-Powell

CHALLENGE

INTRODUCTION

The Lady Baden-Powell Challenge is the highest award in the Guide program. This challenge is designed for girls looking for an extra challenge in Guides and it takes about two years to complete.

The Lady Baden-Powell Challenge will help you discover the thrill of accomplishment and how much of a difference you really can make in the world around you. It is a great way to learn more about Girl Guides and gain a deeper understanding of the sisterhood of Guiding.



The Lady Baden-Powell Challenge is awarded in your last year of Guides. When you complete the challenge, you will receive the Lady Baden-Powell Pin. The pin is symbol of all your hard work and may be worn with your Pathfinder uniform.

THE ACTIVITIES

To earn this challenge you must complete **Activities 1 and 2**, as well as **four of the five additional activities below**.

1. Complete all of the four program areas.
2. Learn about Lady Baden-Powell and prepare a skit, song, story, poster, or other activity to demonstrate what you have learned. Share it with your patrol, unit or group of Guiding friends.
3. Complete a project to help your Guide unit enjoy their Guiding experience. This project should involve a regular commitment over a period of time: the effort required will vary depending on the service project. Talk to your Guider and your unit about your project ideas. For example, create a book of active games, or prepare a Thinking Day ceremony.
4. Participate in a major community service project. This project is in addition to the service completed in You in Guiding. For instance, you could volunteer at a daycare centre or a food bank. Other ideas are found under Service in the Resources section of the program card file.
5. Participate in three Pathfinder meetings.
6. Take part in a community activity that involves doing something for someone else. For example, shovel snow for an elderly person, help carry groceries, or entertain children so a parent can do household chores.
7. Share your favourite Guiding experiences over the last year with a group of friends who are not in Guiding.



ACTIVITY 1

Required Activity: Complete all four program areas.

In order to receive your Lady Baden-Powell Pin, you must complete all four of the program challenge areas. The challenge area badges will require a large amount of time and effort to complete, so start early! Talk to your Guider for more information and ideas on how to complete all of them.



Completed: _____

Date: _____



Completed: _____

Date: _____



Completed: _____

Date: _____



Completed: _____

Date: _____

ACTIVITY 2

Required Activity: Learn about Lady Baden-Powell and prepare a skit, song, story, poster, or other activity to demonstrate what you have learned. Share it with your patrol, unit, or group of Guiding friends.

In Guiding we tell lots of stories about Lord and Lady Baden-Powell. (also known as Lord and Lady BP). In this challenge it is your job to tell your Guide unit something new about Lady Baden-Powell.



Window on my Heart is an autobiography written by Lady Baden-Powell. Published in 1973, the book explores Lady Baden-Powell's life as a small girl, how she met Lord Baden-Powell and her experiences as Chief World Guider. It is one of the best resources to help you with this challenge. This book may be for sale in your local Guide Store but you are not required to buy it in order to complete this challenge. Ask your Guider if your unit, District, or Area has a copy that you can borrow, or check it out at your local library.

There are lots of other resources you can use to find out more information about Lady Baden-Powell including your local library and the Internet. Also, remember to ask your Guider for resource materials. Once you have found a story about Lady Baden-Powell that you would like to share, turn it into a skit, story, poster, a website or any other type of activity to show your unit what you have learned.

Completed: _____

Date: _____



ACTIVITY 3

Optional Activity: Complete a project to help your Guide unit enjoy their Guiding experience. This project should involve a regular commitment over a period of time: the effort required will vary depending on the service project. Talk to your Guider and your unit about your ideas. For example, create a book of active games, or prepare a Thinking Day ceremony.

- Everyone wants to have fun at Guides, to make new friends, and to learn new things. Your job is to show other girls some of your favorite parts about being a Guide.

Think about this:

- Why do you like being a Guide?
- What do you like to do during meeting nights?
- How do you have fun with your unit?

Before you begin this challenge, talk to your Guider about what you would like to do. It's helpful for your Guider to know what you are planning and she might also have some suggestions on how to achieve your goal.

Here are some project ideas:

- Put together a book of active games, crafts, campfire songs, skits, or stories and make copies for each patrol
- Plan a unit ceremony for Thinking Day, Enrolment, Advancement or a Guides Own
- Help another Guide in your unit earn a badge
- Create a games schedule where each meeting a different girl leads the unit in her favourite active game



Completed: _____

Date: _____

ACTIVITY 4

Optional Activity: Participate in a major community service project. This project is in addition to the service completed in You in Guiding. You could volunteer at a daycare center or a food bank, for instance. Other ideas are found under Service in the Resources section of the program card file.

Guides participate in many community service projects every year. To complete this challenge you must do one of the following:

- Plan a community service project on your own
- OR
- Plan a community service project for your unit

Whichever one you choose you must remember to plan accordingly and complete at least six hours of service including planning time. If you are going to do your service project on your own, you need to create a presentation of your service project for your Guider and your unit. For example, you could create a poster, make a scrapbook page using photos, keep a diary of your project or anything else that shows what a great job you did.

When you do a service project in Guides you have the opportunity to earn a Community Service badge. Any service project you do may be considered for this badge, so talk to your Guider. Also remember to talk to your Guider about what you would like to do before you begin this challenge. It's helpful for your Guider to always know what you are planning and she may also have some suggestions on how to achieve your goal.



Here are some service project ideas:

- Participate in a tree planting project
- Hold a used book sale to raise money for the Canadian World Friendship Fund
- Provide refreshments for participants in a charity fun run
- Collect new unopened toys or socks, T-shirts and mittens for children in need
- Write Valentines cards for seniors, soldiers or people in hospital.

Completed: _____

Date: _____



ACTIVITY 5

Optional Activity: Participate in three Pathfinder meetings.

Talk to your Guider about visiting your local Pathfinder unit. Record the date of your visit, the name of the Pathfinder unit you visited and have either your Guider or the Pathfinder unit's Guider sign her name to confirm you were present at the meeting.

Don't be afraid to ask the Pathfinders questions and to get to know them when you go for your visit. Remember, they used to be Guides too! Have fun learning about how Pathfinders run their meeting night, how they decide where and when to go camping and how they earn their badges.

Here are some questions you can ask:

- What kinds of Pathfinder badges can you earn?
- Where do you like to go camping?
- Who decides what you get to do at a Pathfinder meeting?
- When do you play games?
- Why should I join Pathfinders?

Make and present a creative project that illustrates your Pathfinder experience and share it with your unit. For example, you could take photos at the meeting and display them in a scrapbook or design a poster outlining all the fun things you experienced while visiting the unit.



Date of 1st Visit: _____

Name of Unit: _____

Guider Signature _____

Date of 2nd Visit: _____

Name of Unit: _____

Guider Signature: _____

Date of 3rd Visit: _____

Name of Unit: _____

Guider Signature: _____

ACTIVITY 6

Optional Activity: Take part in a community activity that involves doing something for someone else. For example, shovel snow for an elderly person, help carry groceries, or entertain children so a parent can do household chores.

This type of service project is different than community service – it is more like a random act of kindness. A random act of kindness is a selfless act performed by kind people to either help or cheer up someone for no reason other than to make people happier. These activities can be either spontaneous or planned in advance. To complete this challenge, do one of the following:

Complete a service project on your own
OR
Plan a service project for your unit to complete

Whichever one you choose you must remember to plan accordingly and complete at least five hours of service including planning time. If you are going to do your service project on your own, you must provide documentation for your Guider. Record each service project in a journal, explaining what you did, why you did it, how you felt when completing the act and how the person you were helping felt. Celebrate your random acts of kindness by sharing your experiences with your unit.

Before you begin this challenge, talk to your Guider about what you would like to do. It's helpful for your Guider to always know what you are planning and she may also have some suggestions on how to achieve your goal.



Here are some ideas of random acts of kindness:

- Shovel the snow for an elderly neighbor
- Do extra chores for your parents
- Make friends with a shy person in your class
- Walk a dog for a family friend
- Show a new student around your school
- Write a thank-you letter to someone who has helped you in the past
- Help a friend or neighbour with yard work
- Be an “Energy Watchdog” in your home – shut off lights and electronics when not in use

Completed: _____

Date: _____



ACTIVITY 7

Optional Activity: Share your favorite Guiding experiences over the last year with a group of friends who are not in Guiding.

Every Guide has at least one friend who is not in Guiding. This friend may not have joined Guides because she thinks it may be boring or she’s afraid she won’t fit in. To complete this challenge you need to tell a friend or group of friends who are not in Guides what Guiding is all about.

Here’s an idea: why not have a Guide party or Guide sleepover? Talk to your parents/guardians and your Guider about what you would like to do. It’s helpful if they always know what you are planning and they may also have some fun suggestions and safety rules you may need to follow.

For your party you can make invitations, decorate your house with blue decorations and make yummy treats to get your friends into the spirit of the party. At the party, try with your friends some of the fun things we do at Guides like crafts, skits, dances, or songs. Show them your Guide uniform and tell them how you earned all of your badges. Let them look through your Guide program book and answer any questions they may have about Guides. Most importantly, tell them why you like being a Guide!

Remember when you are telling your friends about Guides, you do not have to make them join Guiding. In order to complete this challenge all you have to do is to tell them about all the fun you have at Guides. If your friends want to come to Guides, bring them with you to the next meeting night and allow them to try it out!

Completed: _____

Date: _____



CERTIFICATE

This certificate will be awarded to each Guide who completes the challenges. Go for it!

**Lady
Baden-Powell
CHALLENGE**

presented to

Guider

Date

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RESOURCES

Looking for ideas on how to complete the Lady Baden-Powell Challenge? Check out these websites and don't forget to talk to your Guider for even more information.

Girl Guide Links:

Girl Guides of Canada: <http://www.girlguides.ca>

GGC Girls: <http://www.girlguides.ca/gcgirls.html>

Provincial websites can be found on the home page of the Girl Guides of Canada website.

The Guide Zone: <http://guidezone.e-guiding.com/indexpag.html>

Service Projects:

Random Acts of Kindness: <http://www.actsofkindness.org>

Ideas for Service Projects (BC Girl Guides): <http://www.bc-girlguides.org/resources/serviceprojects/media/Service-Ideas.pdf>

Lady Baden-Powell:

http://www.olavebadenpowell.org/gallery/with_bp.htm

<http://www.pinetreeweb.com/bp-olave-00.htm>

