



PERSONAL HEALTH FORM FOR ADULTS

Notes:

- 1. The information on this form may be used by GGC representatives or medical personnel to administer or authorize appropriate health care or medical attention for the participant, if needed.
2. Completion of this form is required for overnight activities and Red level activities. If you have a life-threatening or health related condition that could affect your ability to supervise girls, please see Safe Guide for further information.
3. Please keep this form in your purse/with your belongings and inform the responsible Guider or another participant of its location (or you may hand it in to responsible Guider for the activity).
4. You may need to review and update this form periodically throughout the year.

Name Last name First name

Address No. Street Apt. No. P.O. Box or R. R. No. City Province/Territory Postal Code

Phone: Home ( ) Business ( )

In an emergency, please notify:

Last name First name Relationship

Phone: Home ( ) Business ( )

Address (if different from above)

No. Street Apt. No. P.O. Box or R. R. No.

City Province/Territory Postal Code

Do you have any special instructions for Guiders/staff regarding your health care and/or diet?

Yes No If yes, please explain:

If you have allergic reactions to such things as food, insect stings, etc., please complete the following:

Table with 4 columns: Allergy, Life-Threatening?, Allergy, Life-Threatening?. Each cell contains a line for input and checkboxes for Yes/No.

N. B. Every care and attention will be given to the health and comfort of the participant.

I hereby authorize a GGC representative to secure such medical advice and services as may be deemed necessary for my health and safety. I agree to accept financial responsibility in excess of the benefits allowed by my provincial/territorial health plan and the Girl Guides of Canada insurance plan:

Signature of participant: Date:

UPDATED:

Signature of participant: Date:

This form is valid for one year. Update may be required during this period.

We protect and respect your privacy. Your personal information is used only for the purposes stated on or indicated by the form. For complete details, see our Privacy Statement at www.girlguides.ca or contact your provincial office or the national office for a copy.