

Kids Helping Kids Service Challenge

2008 - 2009

This challenge focuses on projects and activities that impact or affect children. To be eligible for the service challenge recognition girls or Units must participate as follows

- ❖ **Sparks** – 2 projects from the following list
- ❖ **Brownies** – 3 projects from the following list
- ❖ **Guides** – 4 projects from the following list
- ❖ **Pathfinders and Rangers** - 4 projects from the following list

New projects will be added as they arise. Unless otherwise stated, all completed projects are to be sent to the Provincial office.

The challenges are listed below and are broken into two categories: Dated challenges (have specific deadlines and drop off dates) new challenges and ongoing challenges.

Dated Kids Helping Kids Challenges

Winnipeg Harvest/Food Bank Tuna Tower Challenge

Build the best tower of tuna cans.

As a Unit or a District create your own tower/castle – take a picture and donate to your local food bank or Winnipeg Harvest. Submit your number of cans, along with a picture to the Provincial office. November is Tuna Tower Challenge month!!!

Girl Guides give HUGS

Put together HUGS for children in need. Each HUG kit includes:

- ❖ H – hat
- ❖ U – underwear
- ❖ G – gloves (mitts)
- ❖ S – socks or scarf

ALL ITEMS MUST BE NEW and are to be placed in a large Ziploc bag. Please feel free to include a note from your girls saying here's a H.U.G from Girl Guides or your Unit. Send to the Provincial office by December 5, 2008.

Bags for Foster Children

Donate a gently used or new bag and a small stuffed animal for Foster children. Many foster children do not have bags to take their things from place to place. A bag will allow them to keep their belongings together and provide them with a little more dignity than a plastic garbage bag. We will collect for two deadlines December 5, 2008 and June 30, 2009.

Birthday Buddies

Birthday Buddies is an organization that provides birthday gift packs to children living in Winnipeg's second stage housing for abused women.

Each child's birthday gift pack includes a birthday cake, card, candles and a gift. Their gift is a new backpack containing a present suitable for their age, a book, writing journal, pens and other personal items. Gifts are chosen to suit the child's interest.

You can help by donating a toy/gift suitable for age's 1 to 18 years (ages 1 to 12 are needed the most) birthday cards, candles, and backpacks. Or, make up a personal kit including such items as toothbrush, comb, brush, hair accessories, etc.

ALL PERSONAL ITEMS MUST BE NEW.

Donations will be delivered twice a year on Dec 5, 2008 and June 30, 2009. Please drop off to the Provincial Office before either date. Help make every child's birthday special.

Clean Sweep for Caddy Lake

Clean up your house and camping supplies and donate any good condition used items to Caddy Lake. Donations to be delivered to the Provincial Office on May 30, 2009. Please do not bring them earlier.

Small Items

(Everyday use or craft supplies)

- ❖ Serving utensils and scrapers
- ❖ Measuring cups and spoons
- ❖ Dishcloths
- ❖ Single bed sheets
- ❖ Sleeping bags
- ❖ Milk crates
- ❖ Picture or comic books
- ❖ Children's board games
- ❖ Dress up clothes
- ❖ Clothes hangers
- ❖ Crayons, pencil crayons, marker
- ❖ Fabric or felt (no yarn please)
- ❖ Stovetop kettles, pots, pans for outdoor cooking
- ❖ Squeeze bottles (dish detergent)
- ❖ Hammers, screwdrivers
- ❖ Paintbrushes
- ❖ Folding lawn chairs
- ❖ Fishing rods (\$30.00 each)
- ❖ Arrow's (\$100.00)
- ❖ Canister vacuum (\$200.00)
- ❖ Out tripping water filter (\$100.00)

Large Items

(Major Goals or Renovations)

- ❖ Gravel (\$1000)
- ❖ Mountain bikes (\$200 ea, 6 req'd)
- ❖ Canvas tents (\$700 ea)
- ❖ 30 stacking chairs for lodge (\$30 ea, 30 req'd)
- ❖ Kayaks (\$700 each - 5 more)
- ❖ Storage shed (\$800)
- ❖ Industrial toaster (\$900)
- ❖ Front loading clothes washers (\$1100 x 2)
- ❖ Upgrade for motor boat (\$3200)

- ❖ Floor for Big Jinx Showers
- ❖ Dressers
- ❖ Mattresses & cots
- ❖ Composting toilet for Tajars (\$2500)

- ❖ Propane furnaces for Infirmary and Staff House (\$2500 each)
- ❖ Industrial stove (\$7000)
- ❖ New Dock (\$15000)

Project Linus

Project Linus is a 100% volunteer non-profit organization that collects blankets for children undergoing difficult circumstances. Their goal is to comfort severely ill and traumatized children by offering security blankets.

Make your blanket, quilt, comforter or receiving blanket and send it to the Provincial Office. Deadline for donations for this is June 30, 2009. Please include your unit name and number of girls that participated.

Some ideas for blankets include:

- ❖ Crochet – best for older girls or adult members
- ❖ Squares – girls can paint or otherwise decorate individual squares, which are then sewn together. For very young girls, handprints (with or without name and age) would be appropriate
- ❖ Fleece – choose one colour of fleece for the background and apply cutouts in other colours
- ❖ Old pyjamas – cut squares of fabric from old, washed pyjamas for a recycled, cozy blanket

Blankets must be handmade and washable. The ideal size is 40"x60". Smaller sizes are also appreciated, but very large blankets should be avoided, as the recipients tend to drag their gifts around with them.

New Kids Helping Kids Projects

Osborne House

Osborne house mission statement:

Osborne house empowers women and their children who are experiencing domestic abuse by providing them with a safe and supportive environment and through residential and non-residential programs and services.

Osborne house provides a 24-hour, 7 days a week, short-term safe and supportive residential environment for abused women and their children. The staff provides physical needs (food, shelter and clothing) as well as emotional support, factual information, referrals and facilitating support groups to empower women to make informed choices. They also provide short term counselling, support groups and services for abused women requesting assistance in making informed decisions about establishing themselves in a non-abusive environment. While they are residing in the shelter, and after leaving the shelter provides support for the children of abused women, by assisting the children that are affected by family violence to understand the dynamics of abuse in the context of family relationships. Please drop off all donations to the Provincial office.

Deadline for donations for this is December 6, 2008 and June 30, 2009. Please include your unit name and number of girls that participated.

Wish list (NEW OR GENTLY USED)

For Babies

Sleepers (large)
Toddler clothing
Baby wipes and diapers
Formula for babies
Nightlights
Bottles
Food
Cereal

For Children and Teens

Art and crafts supplies
Books, CD's
PJ's and slippers
Board games
Teen movies
N64 and play station games
Shampoo and soap
Large children's pillow

Kitchen Goods

Cookies (no nuts)
Pasta (all sorts)
Macaroni and cheese
Condensed milk
Tuna
Cake mixes
Cereal
Nutritional snacks (no nuts)

For Mom

Hair dryers
Curling irons
Deodorant and make up
Self-help books
Housecoats
Movies
Umbrellas
Day timers/organizer

Alpha House

Alpha house provides long term living for women and their children who have left abusive situations. Residents live in Alpha house for up to nine months while participating in one on one, children's counselling and support groups. They believe that everyone deserves a joyful life free of fear and intimidation.

When residents arrive at Alpha House they come with little to nothing because they've had to flee from their homes. They work very hard at making "Alpha House a Home" for our residents so that they feel a level of comfort in their suite at a time filled with sadness and fear of the unknown. When residents are ready to leave, it is their goal to send them with enough of the basics to be able to start fresh in their own home, so they constantly need to replenish the suites. Please drop off all donations to the Provincial office.

Deadline for donations for this is December 6, 2008. Please include your unit name and number of girls that participated. This challenge will be part of the Day of Action Dec 6, 2008 to commemorate Canada's National Day of Remembrance and Action on Violence against Women.

Wish List

Kitchen or bathroom linens
Clothing
Art and craft supplies
Movies

Blankets
Toys (for all ages)
Reading material
Non-perishable food

Manitoba House

The dream for this drop-in began over in 1992 while the dreamer watched two young boys try to get into their house after school one day. No one was home so they got angry, kicked the door a few times, swore and took off somewhere. Where they went, I don't know, but what was birthed that day was a desire to provide a safe place for kids.

The dream turned into discussions between interested people who formed a Board of Directors. We decided to target children between the ages of six and twelve. In 1998 a condemned, boarded -up building became available at 289 Manitoba Avenue. An interested participant purchased the building and provided ten thousand dollars for start-up costs. This money was used to replace the shingles, make the plumbing functional, take down some walls and clean up the entire house.

Volunteers built walls, replaced interior doors, repaired walls and painted the interior. In this process an activity room, two meeting rooms, and an office were created. The kitchen was also made to be functional. The second and third floor were prepared for rental.

Within the first year provisional permits were obtained, tenants were put in place and children were invited to after-school activities. Now children attend at ten sessions per week with the allowable eight children invited in at one time.

Children are lining up at the door for sessions and we have gone to a sign-up system to give all children a fair chance at participating. In the last year we have had several parent comments, such as, "We would like to see more facilities like this in the community. My child is learning valuable lessons and forming positive relationships at Manitoba House."

- -Markers (any kind, thin or thick. Washable is nice!)
- -Paints to mark on windows, other types of washable paints
- -Smocks
- -Glitter pens
- -Beads
- -Construction paper
- -Drawing paper
- -Sidewalk chalk
- -Hemp
- -Kids soap in a pump bottle
- -Underwear for little girls (ages 5-12)
- -Face masks (like a apricot scrub, or mud mask)
- -Storage containers
- -Knitting needles/ yarn
- -Cement, molds or kits for making mosaics
- -Sewing machines
- -Popsicle sticks
- -Kids recipe books
- -Kids DVD's, and kids cd's
- -Boxes of granola bars
- -Craft foam (8 1/2 / 11)
- -Computer games (preferably leaning games)

Ongoing Kids Helping Kids Challenges

Boomer Caps

Cpl. Andrew “Boomer” Eykelenboom was credited with saving a number of lives in Afghanistan – he was killed in Afghanistan while on duty as a medic for the Canadian Military.

Children were so important to boomer, in an e-mail sent to his family before his death, Boomer wrote, “making the children smile is the most rewarding part about this tour”.

Boomer’s legacy lives on – in tribute to him and to carry on his work, the Boomer Cap initiative was launched.

The Boomer cap is a handmade cap that can be given to newborn babies to help them keep warm. Since boomer’s death, the Misrecordia Hospital community in Edmonton has knitted thousands of caps.

Please contact the office or visit the website

(<http://www.girlguides.mb.ca/downloads/challenges/boomer%20cap%20patterns.pdf>) to get patterns for knitted and crocheted caps.

Community Initiative

Take part in a local service project that fits the Kids Helping Kids focus. Be sure to call you local media to publicize the event.

Good Grooming Kits

The grooming kits should consist of the following items in a Ziploc bag, labelled “Compliments of Girl Guides”

- ❖ Toothbrush
- ❖ Toothpaste
- ❖ Comb
- ❖ Soap and shampoo

ALL ITEMS MUST BE NEW. Please do not take them directly to the hospital. Individual items will also be accepted to fill more kits and for donations to Ronald McDonald House.

Ronald McDonald House

Ronald McDonald House provides an inexpensive home for parents and their children to stay in while their children undergo treatment for illness at the Children’s Hospital. A craft kit can help lighten up a child’s life after a week of tests and anxiety. Kits should be self-contained in a Ziploc bag with the instructions and labelled “Compliments of your unit name”.

Other items required by Ronald McDonald house are listed on their "Wish List" below

ALL ITEMS MUST BE NEW

Recreational items

- ❖ Movie passes
- ❖ Tickets to special events
- ❖ Tickets to sporting events
- ❖ Play station 2 games and memory cards
- ❖ Xbox games
- ❖ DVD movies
- ❖ New board games
- ❖ Restaurant gift certificates

Office supplies

- ❖ 8.5x11 white copy paper
- ❖ Printer cartridges for HP desk jet 960 C,
- ❖ Canon MP780, HP desk jet 5740
- ❖ HP photo paper/ digital camera

Household supplies

- ❖ Fabric softener sheets
- ❖ Garbage bags (small white kitchen, large green)
- ❖ Batteries (AAA, AA, C, D, and 9 volt)
- ❖ New white face clothes, hand towels, bath towels and terrycloth floor mats
- ❖ New washable standard size pillows

Pantry/Kitchen items

- ❖ Canned goods (soups, stews, tuna, salmon)
- ❖ Kraft dinner
- ❖ Cheerios, corn flakes
- ❖ Pasta, rice
- ❖ Cake mixes
- ❖ Frozen dinners
- ❖ Condiments (ketchup, mustard, relish, BBQ sauce, salt pepper and cooking oil)
- ❖ Sugar, flour
- ❖ Plastic wrap, tin foil
- ❖ 10 oz glasses
- ❖ New frying pans
- ❖ New baking dishes (loaf pans, muffin tins, cake pans, and cookie sheets)
- ❖ Wooden spoons, sharp knives
- ❖ Potholders
- ❖ SOS pads, disposable gloves
- ❖ Grocery store gift certificates

Dominica Adopt-A-Unit

Members of Manitoba Girl Guides are encouraged to participate in the Dominica Adopt-A-Unit project. We have been allocated two units from the North Eastern District: 10 girls in a Rainbow unit and another 35 girls in a Brownie unit.

The International committee is encouraging units to participate in the Adopt-A-Unit project by donating craft ideas and/or craft kits, including a completed sample of the craft. These craft ideas and supplies will be very helpful for the two units as they are just starting out. The province will provide the units with scissors, white glue, glue sticks and glue guns.

In addition to the craft kits, units can create an information package talking about the girls in their unit as well as activities the unit has been involved in throughout the year. These packages will give the Dominica units a better understanding of what Girl

Guides looks like in Manitoba. Please remember that our Adopt-A-Unit will not be able to respond to each individual but rather all information received by the province will be made public for all to use.

Mailings to the Dominica will take place on the following dates: October 24, 2008 March 6, 2009, June 5, 2009. Please ensure that your unit's donations are into the provincial office by the dates provided.

Thank you for your participation in the Dominica Adopt-A-Unit project.