

## **I CHALLENGE YOU!!!**

Here are some program challenges to help you plan some exciting activities for your girls/unit this year. For a full description of the challenge requirements go to the Provincial website at [www.girlguides.mb.ca](http://www.girlguides.mb.ca) or the National website at [www.girlguides.ca](http://www.girlguides.ca)

### **National Challenges**

#### **Girl Guides of Canada Tree Planting**

In partnership with General Motors of Canada, this program will empower girls and young women to make a difference in their communities while promoting youth leadership and advocacy of an important issue.

#### **Global Youth Service Day Challenge**

By taking the Global Youth Service Day Challenge you're not only actively engaging in your community but you're also joining the largest annual celebration of youth volunteers.

#### **100 Years of Anne Girl Guides Challenge**

This challenge gives girls the chance to remember the importance and power of friendship and kindred spirits and the opportunity to engage with parents, grandparents and older member of the community by showing an interest in activities from an earlier age.

#### **Habitat for Humanity Challenge**

This challenge is a great way for girls to learn about; the need for housing, Building Skills, Women and Trade. Habitat's mission is "to mobilize volunteers and community partners in building affordable housing and promoting home ownership as a means to breaking the cycle of poverty".

#### **The Daring book for Girls**

This challenge will appeal to all members of Girl Guides of Canada-Guides du Canada, with activities ranging from watercolour painting and hiking to tying a Sari.

#### **Cookie Program Challenge**

Twice a Year Girl Guides across Canada sell Girl Guide Cookies as a way to support all the fun programs and activities in Guiding. Why not try this challenge during your next cookie drive.

#### **Women's History Challenge**

October is Women's History month, Celebrate the accomplishments of great Canadian women by doing this challenge together.

### **Cross Canada Challenge**

This challenge is a fun and exciting way to discover Canada. The challenge is broken down into regions and within the region there are challenges for each Province.

### **Zoë Trek around the World**

This challenge takes you to China, New Zealand, Kenya, France, Brazil and Trinidad. Become World Travelers!

### **Bone Building Challenge**

Girl Guides of Canada and the Osteoporosis Society of Canada have partnered to develop this two-phase challenge. For strong bones girls need plenty of Calcium and Vitamin D, and lots of weight-bearing physical activity every day.

### **Dominica Twinning Challenge**

The objective of this challenge is to gain awareness and understanding in the lifestyle, traditions, customs, and culture of the “Twin” country with a view to promoting mutual respect between Canada and the “Twinning country”.

### **Girls United Challenge**

Girls today need to know how to get along, how to build strong connections, how to be supportive and how to build strong rewarding friendships with other girls.

### **Day of Action Challenge**

Girl Guides of Canada commemorates the National Day of Remembrance and Action on Violence against women on December 6<sup>th</sup>. This day marks the anniversary of the murders in 1989 of 14 young women at l’Ecole Polytechnique de Montreal. The Guiding Movement began in England when a group of girls demanded entry to a Scouting rally for boys in 1909. The actions of the pioneering girls launched the Guiding Movement, which spread to Canada. Girls and young women who are part of the Guiding Movement continue to raise awareness of the issues affecting girls and women across the country.

## **Provincial Challenges**

### **Camping and Outdoor Activities Challenge**

This is a great challenge to do at your next camp. Sleep under the stars, take a hike, make an outdoor sculpture, or build a sundial.

### **Earth day Challenge**

Learn all about YOUR planet and how to protect it. The challenge is divided into five sections air, climate, recycle and rehabilitate, water, and the Earth day event.

### **Water for tomorrow challenge**

This challenge is a fun way for you to learn how to become Environmentally friendly, from conserving water, to environmentally friendly cleaning products.

**Manitoba Guias en Accion Project Challenge**

The Guides in Honduras are working on a project called Guias en Accion (Girls in Action). The projects main objectives are the expansion of the Guide movement in Honduras and the provision of health information.

**Kids Helping Kids Service Challenge**

Choose from a wide variety of service projects in this challenge all focusing on projects and activities that impact or affect children.

**Police Partnership**

This challenge is for Guides ONLY. A member of your local RCMP detachment will present material on four topics (badges), including drug abuse prevention, seniors safety, gang awareness, and child safety.